Many of my friends and those who rely on me for news and information are upset by the personal attacks and crazy accusations that get hurled at me by professional trolls and people like Ed Kennedy of Pennsylvania, who turns out to be a well-known Vexatious Litigant.

What is a Vexatious Litigant? Someone who does what Ed does. Someone who moans and pretends that he has been injured and files all sorts of administrative and legal complaints hoping to get others in trouble or get some financial gain.

These people nail their shoes to the floor and then claim that someone else is holding them hostage. That sort of thing.

Thankfully, they don't get away with doing this sort of thing forever. Their modus operandi catches up with them and the courts throw them out, like the boy who cried wolf too many times.

For every one of them, there are thousands of good people who follow the logic, look things up, and think for themselves.

Be one of those thousands.

Take the plunge and renounce Evil in your own life.

Look at that man or woman in the mirror and remember that love is a decision. So decide.

Have you had enough of the lies and the craziness?

What do you want this world to be like, deep down inside?

Concentrate on that. Bring the full force of your mind, body, emotions and all the life energies at your command together and give your attention, fully to the question: what kind of world do you want to see?
Hold your attention on the answer as long as you can, and then let it go, and go about your business. As you go about your daily life, pause whenever it suits you, and let your mind and spirit dwell in your new home, your envisioned better world.

And again, let it go, and tend to your life. Repeat this little visual and emotional prayer without words here and there throughout your day. If you want peace, feel peace.

Don't be surprised if some situations and people suddenly exit your life when you start doing this. They belong to a different life than the one you are building in your heart and mind, so of course, they leave. And that's all right. That's how it must be.

When you create a new world, the old world changes.

Hold steady and keep your attention focused on your answer.

Then let it rest, and go on and think about and do other things.

No matter how poor you are, you can do this. No matter how old or sick you are, you can do this.

And by doing this, you will change the world.

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