There is no longer any mystery about Covid 19 or how to treat it.

The Italian Government found out and apparently, numerous other governments worldwide did, too, because they have developed a simple and effective protocol to treat the actual problem.

Here's what happens.

A man or woman shows up presenting asthma-like symptoms. Everything indicates that they are having respiratory problems. The doctors rush them in and give them oxygen. If simple oxygen doesn't work, they put them on ventilators.

But what is actually happening is that an agent, a bacterium, is causing micro-blood clots. The tiny blood clots are impairing the ability of blood to carry oxygen and that is what is causing the asthma-like symptoms.

It has nothing to do with any coronavirus at all.

And it doesn't help that the amount of atmospheric oxygen has declined precipitously in recent years, nor does it help that the remaining oxygen is being denatured by high frequency microwave transmissions.

And masks, though they might help a little bit in slowing the spread of the illness, more than make up for it by forcing you to re-breathe more carbon dioxide and providing a more hospitable environment inside the mask for other pathogens.

My advice? Good hygiene practices are always the best answer at all times, but no, don't wear masks and don't go crazy. We now know what the actual pathogen is, we know what it does and how it does it, and we know how to treat it with a simple and inexpensive protocol that you can safely exercise at home.

My "living wall" of spider plants remains a wonderful alternative to mechanical air quality machinery and also provides a tremendous amount of free oxygen in the house. Giving these or other leafy house plants a home will repay you with clean air and abundant oxygen in your home environment year-round.

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