This brief video posted below, from my friend, Paul Hellyer, former Canadian Defense Minister, should be required watching for every American young and old. Listen to it. Remember it. Think about it. Connect the dots.

My last conversation with Paul will stay with me for the rest of my days. He sounded old and tired. So did I. There were uncharacteristically long pauses between questions and words. We both sensed our times and our ages. We both understood all the same things.

And maybe at the end of the day, the same hope -- the only hope there is -- that you will all wake up like a thunderclap, and then learn how to exercise your power to change things.

https://www.youtube.com/watch?v=rbMNGFU50nM