

Cold Turkey the Bogey Man

By Anna Von Reitz



As you've noticed, nothing makes sense. Directly contradictory information is being delivered to your mind's mailbox everyday, along with a lot of fear-mongering.

As the Invisible Critic shared in his wonderful rant, "Bogey-Man", these propaganda agents are in the business of scaring--- you.

Let's take a little stroll down Memory Lane, as he did, and think about all the Bogey Men we've been sold over the years, beginning in 1898 with the Spanish American War, and more or less in order --- The Bogey Man List:

The Spanish
Kaiser Wilhelm
Huns (in general)
Nazis (in particular)
Hitler
Fifth Column
Japanese
Atomic Bomb
Communists
Polio
Viet Cong
Acid Rain
OPEC - fuel shortages
Hydrogen Bomb
Hole in the Ozone Layer
Overpopulation "Bomb"
The American Militias
The Iron Curtain
Chernobyl Disaster
Cancer, Cancer, Cancer!
Global Warming

Cuba
Communists (Again)
Eggs - Salmonella
Energy Crisis (again)
Saddam Hussein
DDT
Isis (Johnny in Drag)
Neutron Bomb
Weapons of Mass Destruction
Gaddafi - Libya
Dairy Foods
Osama Bin Laden
Global Cooling
Bashir in Syria
Domestic Terrorists
John Birch Society
Kim Jong Un - North Korea
Putin
Bee Die-Off
Russia
SARS
Carbon Dioxide
Ebola
Zika Virus
Freemasons
Putin (Again)
Global Warming (Again)
Bird Flu
Pedophile priests
Economic Collapse
China
New Madrid Fault Rupture
H1N1 Swine Flu
Gluten
Death of the Dollar
Corona Virus
Las Palmas Volcano Tsunami
Food Shortages

Now that you see it laid out like this, isn't it apparent that they are playing to the crowd? There are even apparent groupings of Bogey-Man subject matter. We've got nuclear everything, bugs of all kinds, climate variations of all kinds --cold and hot, anyone who doesn't agree with "our" status quo, scientific quackery, natural disasters, and all sorts of uncertainties and unknowns.

All these things captured our "national attention" and inspired no end of craziness, from backyard bomb shelters to fad diets. Sadly, these propaganda campaigns have generated more than fear and Silly Chicken reactions.

They've been used to demonize and label innocent people.

They've been used to justify genocide.

They've been used to promote political agendas, economic collapses, pandemics and wars, wars, wars.

We've been played like guitars.

Fear of this, that, and the other thing, has been engendered deliberately and used like a goad to drive public opinion (and spending) hither, thither, and yon. Most of the Bogeys function like a half-truth.

There is certainly good, solid, scientific reason to be concerned about air pollution, for example, but that valid concern doesn't justify worldwide "climate taxes" administered under the Law of the Spanish Inquisition, does it?

If we let the Liars have their way, we'd soon be paying for "Cow Emissions" and considering how many angels can dance on the head of a pin.

People do queer things when they are scared. They accept things that they would otherwise never accept. They commit shameful acts of violence and oppression that they would otherwise never commit. So fear is a great tool for manipulating people, especially when you want them to do things that are unreasonable and unjust.

Fear is not your friend. Fear is not part of your higher calling.

This underlines my findings about the Mainstream Media thirty-plus years ago, when I analyzed their news stories for a couple weeks back in 1987 and confirmed that they were feeding me a steady diet of adrenalin-pumping Sex and/or Death stories, most of which I could do nothing about and could take no useful action against.

So? I was being played, left simmering in my own little pot of adrenal exhaustion for no good reason. All the Evening News was doing for me was titillating my adrenalin response, making it hard to sleep, and making me feel hungry and horny and helpless.

Worst of all, it was distorting my "plane of reference" --- my focus, away from my life, my home, my family, my community, and, yes, my world.

It was creating a frightening unreal dystopian world of violence and uncertainty and fear ---invoked in my mind --- using anecdotal scraps of information culled from all the bad things that sometimes happen, all over the world.

To make it all worse, because the adrenalin rush is pleasurable, I was unconsciously addicted to this madness. Like millions of other Americans, I was lining up like a cow to be milked every night at six o'clock, listening to Walter Cronkite or one of his heirs.

But that ended for me in 1987. I quit. Cold turkey.

People often ask me, "What's the first step?"

The first step is to disconnect from their ugly Mind Map. Let your own mind come back home and deal with your actual life and the world you are living in right now. Turn the knob. Click the switch. Mainstream Media --ditch, ditch, ditch!

Do what I did, and say ---wait a minute! This is my mind! I get to create my world and dictate my concerns! And I don't like weird, off color, dystopian melodramas! Bah! Pffttth! Enough of this nastiness!

Before you know it, you will recognize your world again, and it will again make sense.

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