

The Beginning is the End

By Anna von Reitz



We have been aware of our world from the beginning, because we have been creating our world on a constant basis from the moment of our incarnation. The Alpha and Omega are in us.

The greatest journey does not lie outside of us in the darkness of space; it isn't a matter of going to Mars and restarting the seeds of a new atmosphere. The greatest journey is inward.

As we learn more about physics, we learn more about energy and pattern, growth and transformation.

"Instead of panicking, get curious."

External chaos is the sign of internal transformation.

Therefore, don't react to chaos with fear. Embrace change and confusion in the physical world, knowing that this is the result of the energetic changes you make within yourself.

If you believe in peace and love and place your attention on your own feelings of peace and love, the Universe itself will resonate in response and reflect peace and love back to you.

If you join with others who similarly focus on peace and love, the resonance amplifies, and the resonance impulse coming back from the Universe also increases, washing over you and your world.

Peace and love becomes your reality. It becomes the rule, not the exception.

Even the past is not set in cement, immutable and immune from change. We can rewrite the memory of past events, and deny their power over us in the present and the future.

Were you abused and neglected as a child? Rewrite it. Imagine that you were protected and kindly cared for all your days.

Were you involved in or impacted by a terrible traumatic event? A war, perhaps?

Re-imagine Vietnam or Iraq: they never happened. They never damaged you. They never broke your heart. Their horrors are washed away.

Soon, as you overcome your fears and release the ugly parts of your past, the things that have wounded you wash away, your physical illnesses and infirmities change, and your mental pain, too, is transformed.

These things that once harmed you turn into sources of strength.

Whatever haunts you, whatever hurts your heart, let it go.

Whatever your heart longs for, know that it is already yours.

You have been asked what you want for a reason. Conceptualizing what you want --- in your life and in your world --- is the first step on your inward journey and also the first step toward external realization of the world you envision.

This moment called "now" is both the alpha and the omega.

We have all been traumatized in recent days by the mindless carnage the Israeli regime has inflicted on the civilian population of Gaza. These are the last gasps of Jewish pain and self-righteousness carried forward from World War II.

The Israelis have become what they hate, and have focused their attention on their nightmares, instead of giving their attention to, and becoming, what they have cause to love.

By denying to others what they want for themselves, they create destruction for both, just as those who enslave become slaves.

If you want peace and plenty for yourselves, give peace and plenty to others.

In this way, you secure peace and plenty for everyone, everywhere.

Including yourselves.

The wrong-headed "logic" of fear and cruelty, contempt and fixation, concepts of inferiority and superiority, is all antithetical to creation.

The drive to establish a homogeneous one-size-fits-all population of one race and one religion and one government is an affront to all that is, and represents a thoroughly unnatural state of being.

We are all meant to grow and flow, embracing change, and caring for the Earth, with open hearts and open minds. We are also meant to be different, each one of us unique.

So, what do you want? We ask the fundamental question again.

Imagine it. A healthy peaceful world, happy and endlessly abundant.

And then, begin to understand how we can achieve that end, simply by using our natural and inherent gifts:

Mark Passio: <https://www.youtube.com/watch?v=I-kuZgh5lMQ&t=1620s>

The Importance of Attention and Self-Creation:

<https://www.youtube.com/watch?v=3SEDOAYFGOo>

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